

THE STUDY OF HEBREWS – YEAR 2  
LESSON 18 – QUESTIONS  
HEBREWS 12:1-3  
RUN THE RACE...SET BEFORE YOU

Heb 12:1-3

*Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance, and the sin which so easily entangles us, and let us run with endurance the race that is set before us, 2 fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God. 3 For consider Him who has endured such hostility by sinners against Himself, so that you may not grow weary and lose heart.*

20 times in chapter 11 of Hebrews we have seen the word 'therefore' used in the New American Standard version of our study. What did we learn from the times we saw this word? \_\_\_\_\_

There are some scholars that believe that these 3 verses actually belong to chapter 11. We are going to see the word 'Therefore' as a transition to the final chapters of Hebrews, to living out the faith we have been given and have witnessed in those who have gone before us.

1. Verse 1 tells us that we have a great cloud of witnesses surrounding us, who are these witnesses? Hebrews 11

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2. What did we learn from studying the lives of the heroes of the faith?

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3. The second thing we see in verse 1 is that we are to: NAS version

Lay aside \_\_\_\_\_

And the \_\_\_\_\_ which so \_\_\_\_\_ us.

4. Look up the words: encumbrance, sin, entangles and explain what they mean.

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5. The last part of verse 1 says that we are to run with endurance, the race that is set before us. Explain why endurance is so important.

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Does endurance involve training? Explain your answer.

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and what it means to run the race that is set before us. 2 Cor. 5:17-18; Eph. 4:11-13; Eph. 4:22-24;

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6. In running a race what is the goal? \_\_\_\_\_

7. In the Christian life, what is the race about? Give verses to support your answer. \_\_\_\_\_

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8. What keeps you focused on the race, Hebrews 12:2; I Cor. 10:31 Others

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9. Explain what an author is and what their job is.

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10. In a story, who determines the direction of the characters, and how does the author do that?

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11. Could you say that the author perfects their characters through the story line? Explain how that helps us see Christ as our author and perfecter of the faith He has given to us. See also-1 Peter 5:10; Phil. 3:12

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12. In the following verses explain how Paul views running the race with the goal to win. 1 Cor. 9:24; Phil. 3:13-14;

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13. The second part of Hebrews 12:2 tells us 'that for the joy set before Him, Jesus endured the cross'. Explain what that means to you, use verses to explain what His joy was.

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14. As we are called to 'run the race set before us', how does remembering what Jesus endured for our sake help keep you focused on winning the prize?

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15. What causes you to grow weary in the race? Give an example of how you overcome the weariness as you run.

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